

ESOT Mentorship programme 2026

The ESOT Mentorship programme aims to provide transplant professionals with the opportunity for close interaction and expert guidance at a key stage of their career. Mentoring is a powerful personal development tool to develop one's career, change direction if desired or necessary, and support work-life balance.

Below is an overview of the 2026 Mentorship programme, including key dates and activities both for mentor-mentee pairs and for the entire group.

Programme timeline

Tuesday, 13 January 2026	Kick off meeting and start of individual sessions
Monday, 19 January 2026	Workshop for mentors on effective mentoring practices
Mid-end February 2026	Preliminary progress review
Mid-May 2026	Progress review
Monday, 8 June 2026	#1 Workshop on education delivery methods
Monday, 29 June 2026	#2 Workshop on education delivery methods
July-August 2026	Summer months: individual sessions depending on availability
September-December 2026	Final individual sessions and final programme evaluation
Wednesday, 25 November 2026	Closing meeting with handover of certificate of completion for mentees and mentors
1-3 December 2026	Networking event at the Monothematic Conference <i>Transplanting Health: Overcoming Metabolic Barriers in Modern Medicine</i> (Barcelona, Spain)

Programme details

Kick off meeting

Tuesday, 13 January 2026, 14:00 – 15:00 CET

The goal of this meeting is to introduce all participants to the ESOT Mentorship programme and to the various activities and opportunities offered throughout the year. In addition, mentors and mentees will be informed on the programme requirements and will receive guidance on how to make the most of the programme.

Workshop on effective mentoring practices (for mentors)

Monday, 19 January 2026, 18:00 – 19:00 CET

The workshop is intended for mentors and prospective mentors and will be open to a limited number of participants from the community.

Individual mentor-mentee sessions

Sessions will start in January. Mentor and mentee pairs will be responsible for scheduling them on a regular basis (we recommend meeting once a month, but pairs are free to meet more often if they wish to do so).

An important note: a mentor or mentee can inform the Education Committee if, after their first meeting, either feels that the interaction is unlikely to work, and they will be assigned an alternative.

Preliminary progress review – February 2026

The ESOT Team will contact participants to get feedback on their experience shortly after the beginning of the programme.

Progress review – Mid-May 2026

The ESOT Team will contact participants to get feedback on the effectiveness of the programme and their satisfaction.

#1 Workshop on education delivery methods

Monday, 8 June 2026, 14:00 – 15:30 CEST

Description available soon.

#2 Workshop on education delivery methods

Monday, 29 June 2026, 14:00 – 15:30 CEST

Description available soon.

Individual summer sessions – July-August 2026

During the summer months, mentor and mentees may or may not meet depending on their plans and availability. We recommend agreeing on summer meetings, if any, in advance. Regular meetings should resume in September.

Individual sessions – September-November 2026

The last mentor-mentee meetings will take place during this period of time, after which all will be asked to submit a final evaluation of the programme.

Closing session – Wednesday, 25 November 2026, Timing TBC

The last meeting will be an opportunity for all mentors and mentees to reflect on and to share their experience throughout the year with the other participants. Mentors and mentees will receive certificates of completion.

Networking event at the Monothematic Conference *Transplanting Health: Overcoming Metabolic Barriers in Modern Medicine* (Barcelona, Spain) – 1-3 December 2026

All mentors and mentees will get a free registration and will be invited to participate in a special networking event. More details to follow.

Visiting the mentor's centre

For the 2026 edition of the Mentorship programme, mentees will receive funding (the monetary amount will be communicated later on) to visit the mentor's centre. Visits must be agreed upon with the mentor at a time and for a duration that is convenient and appropriate for both the mentor and the mentee. Mentees can use the funds to cover travel and accommodation during the visit; details on the administrative process will be communicated separately.

Programme requirements

All participants are required to participate in the programme activities outline above and to complete feedback during and at the end of the year so that ESOT can gauge the programme's success and make any necessary adjustments. This will be required to maintain the programme benefits and to receive the final certificate.

Contact

Laura Contessi, Head of Education – laura.contessi@esot.org

Denise De Salvo, Project Manager – denise.desalvo@esot.org