

ESOT Webinar

Transplant Patient Journey around Infectious Diseases

Date: 24th April 2025
From: 17:30 – 18:30 (CEST)
Platform: ESOT Virtual
To register click [here](#)

Note: Participants will be able to make use of simultaneous subtitles to translate the webinar in the language of their choice.

Webinar description

Transplant recipients must take anti-rejection medications in order to suppress their immune system and prevent rejection of the new organ. A suppressed immune system results in a higher risk of getting infections and having more difficulties in fighting against them. Anti-rejection medications may prevent the body from responding well to vaccines. While minor infections are common after a transplant, they can become serious if the patient has other chronic conditions which can increase the risks of infection, including lung disease, heart disease, or diabetes.

This webinar aims to increase patient awareness against the risks of infectious diseases through talks by experienced patient advocates and empower them to address their concerns with their healthcare professionals.

Learning Objectives:

After attending this webinar, participants will learn:

- How to best convey their concerns around infectious diseases with their doctors
- Communication when in the emergency room
- Best ways to make use of the My Life – my health tool kit box to guide you through your transplant journey

For more information on ESOT's Patient advocacy and awareness project, please click [here](#).

Target Audience:

Surgeons, Nurses, Physicians, Caregivers, Patient Advocates

Workshop creators:

Penilla Gunther (Sweden)
Bill Scott (UK)

This activity has been developed under a healthcare collaboration between the European Society for Organ Transplantation (ESOT) and Takeda that aims to benefit patient care. All content has been developed independently by ESOT.

ESOT Headquarters

Westerdoksdiik 423, 1013 BX Amsterdam, The Netherlands - E: askme@esot.org - W: <https://esot.org/> - T: +393482786092

Preliminary Scientific Programme

Moderator: Penilla Gunther (Sweden); Bill Scott (UK)

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|-------|--|--------|--|
| 17:30 | Welcome | 5 min | Bill Scott (UK) |
| 17:35 | Session 1 – Patient Empowerment What do patients want? Drug adherence. Being heard. What are the challenges to overcome? | 10 min | Penilla Gunther (Sweden) |
| 17:45 | Session 2 – Infectious disease (CMV) How does a patient feel when they get 'really' sick? | 10 min | Fiona Loud (UK) |
| 17:55 | My Life – my health – tools to communicate your health concerns | 10 min | Penilla Gunther (Sweden); Luciano Potena (Italy) |
| 18:05 | Session 3 – Panel discussion | 25 min | Moderator: Bill Scott Panel – Penilla Gunther (Sweden – Heart); Fiona Loud (UK – Kidney); Liz Schick (Switzerland – Liver); Eric Epailly (Cardiologist – France); Saskia Bos (Pulmonologist – Belgium); Fernanda Ortiz (Nephrologist – Finland) |
| 18:29 | Concluding remarks | 1 min | Penilla Gunther (Sweden) |

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