

Molecular Biology Testing for Non-Invasive Diagnosis of Allograft Rejection: HEART & LUNG

HEART

PICO 1: In heart transplant patients with stable graft function, is GEP a reliable surveillance tool for subclinical acute rejection monitoring, compared to endomyocardial biopsy?

Population: Heart transplant recipients – either adult or pediatric

Intervention: Donor-derived cell free DNA, Peripheral blood Gene Expression Profiling (Allomap), Cardiac biomarkers (such as NT-proBNP, BNP, Troponin)

Comparators: Endomyocardial biopsy for rejection surveillance, Coronary angiography for CAV

Outcome: Most of the studies are observational and have been designed to validate a diagnostic tool. In one case the study was randomised (IMAGE trial)

Supporting data:

Validated in a large multi-center US-based randomized clinical trial (IMAGE)9, a smaller single-center (CSMC, USA) randomized trial (eIMAGE)10, and 2 large prospective cohort studies (CARGO II1 which included 17 US and European centers, and OAR11 which included 35 US centers) as non-inferior to routine biopsies with respect to composite outcome (rejection, graft dysfunction, death or re-transplantation) and had similar overall survival at 2yrs.

Provides a high (>99%) negative predictive value for ruling out rejection (PPV in all studies is modest 4-7% reported likely due to low incidence of ACR)

Received a class IIa, level B recommendation by 2010 International Society of Heart and Lung Transplantation (ISHLT) guidelines for ACR surveillance

Timing of initiation of surveillance with Allomap

Per the IMAGE and eIMAGE studies, patients >55 days post HT on <20mg of prednisone daily and up to 5 years post HT9, 10

Suitable population to be applied in – stable, asymptomatic patients at low risk for ACR

HT recipients >15 years of age with stable graft function (LVEF \geq 50%) and asymptomatic11
No history of AMR (ever) or treated ACR Grade 2R or greater during the preceding 2 months10

Absence of DSAs10

On corticosteroid dose <20mg/d10

Have not received hematopoietic growth factors or blood transfusions during the previous 30 days10

Are not pregnant10

No history of severe CAV9

CMV infection (both asymptomatic viremia and CMV disease)12

Diagnostic cut-off value

Many transplant programs have since adopted the same GEP thresholds to prompt an EMB as used in IMAGE9 and eIMAGE10: \geq 30 during 2-6 months post-HT and \geq 34 after 6 months; the fact that this measurement yields a quantitative result means that the test can be custom-tailored to particular questions— threshold values can be chosen to maximize

sensitivity (at the expense of increasing false positives) or specificity (at the expense of sensitivity), as desired by the clinician's needs in managing patient care

Caveats

Not designed for monitoring of AMR

Tested in cohorts at low risk for ACR

Not validated in randomized clinical trials in European cohorts of HT recipients, primary validation occurred in US-based randomized control trials and large prospective cohorts
Cost and logistics are the major limitations to its use in the European context

Multiple factors affect its performance – per the manufacturer instructions, Allomap should not be used <30d after a blood transfusion that contains WBC; in patients treated with corticosteroid dosage >20mg/d or within 21 days following rejection therapy with steroids; Allomap has also been shown to be affected by race, CMV12 or other viral infections or systemic inflammatory conditions, multi-organ transplant and growth factors

Author: K. Khush/Co-author: A. Nikolova

STATEMENT: Peripheral blood GEP assay (Allomap) is a reliable non-invasive diagnostic tool to rule out acute cellular rejection in stable, low-risk heart transplant recipients >15 years of age who are >55 days post HT. Performance of this assay in Europe remains limited and is subject to cost considerations (Class IIa, Evidence level B)

PICO 2: In heart transplant patients with stable graft function, is ddcfDNA a reliable surveillance tool for subclinical acute rejection monitoring, compared to endomyocardial biopsy?

Population: Heart transplant recipients – either adult or pediatric

Intervention: Donor-derived cell free DNA, Peripheral blood Gene Expression Profiling (Allomap), Cardiac biomarkers (such as NT-proBNP, BNP, Troponin)

Comparators: Endomyocardial biopsy for rejection surveillance, Coronary angiography for CAV

Outcome: Most of the studies are observational and have been designed to validate a diagnostic tool. In one case the study was randomised (IMAGE trial)

Supporting Data

ddcfDNA assays manufactured by different vendors have been shown in multiple large prospective cohort studies to be a reliable method for detection of both AMR and ACR (D-OAR5 – Allosure, DEDUCE7 – Prospera, Stanford GTD3- research grade assay, GRAfT6 – research-grade assay). All the studies were conducted in the US. However, randomized clinical trials have never been performed to demonstrate its non-inferior performance compared to EMB; the upcoming DETECT and MOSAIC studies are the first multicenter, randomized controlled clinical trials which will determine whether dd-cfDNA based surveillance starting as early as 4 weeks after heart transplant is noninferior to EMB-based screening for rejection.

Provides a high NPV (>97%) for rejection rule-out 5-7

Timing of initiation of surveillance with Allomap

All assays demonstrate ddcfDNA levels reach stable baseline by 28d post HT and levels have been shown to remain stable up to 2 years post HT (DEDUCE and D-OAR); DEDUCE study (which uses Prospera assay) demonstrated that ddcfDNA levels increase after 2 yrs post HT

Suitable population to be applied in

All large cohort studies included stable, asymptomatic patients at low risk for rejection; the only study that included patients at elevated risk for AMR was the Cedars Sinai single center parallel arm study of D-OAR and it demonstrated that those patients with AMR0 had almost twice as high ddcfDNA levels (median 0.16%) compared to their counterparts at low AMR risk who had AMR0 on EMB (median 0.07%)⁵. Subsequent data from the SHORE registry demonstrated that ddcfDNA levels rise with development of de novo DSAs post-transplant, which may account for the higher ddcfDNA levels seen in this immunologically high-risk population¹³.

Diagnostic cut-off value

The 2 most validated commercial assays (Allosure and Prospera) propose different diagnostic cut-offs: Allosure uses 0.20%⁵ and Prospera uses 0.15%⁷ to achieve NPV >97%. The high NPV at these diagnostic cut-offs make them very suitable as a “rule-out of rejection tool”; the fact that this measurement yields a quantitative result means that the test can be custom-tailored to particular questions— threshold values can be chosen to maximize sensitivity (at the expense of increasing false positives) or specificity (at the expense of sensitivity), as desired by the clinician’s needs in managing patient care

Caveats

Donor fraction vs absolute cfDNA levels - Some have suggested that dd-cfDNA quantity may be a better marker than dd-cfDNA fraction, as it is independent of changes in background cfDNA; a recent study in kidney transplantation incorporated recipient cfDNA levels for detecting rejection, which increased sensitivity, albeit in a small cohort. A “two-threshold” algorithm was employed, which combined a cutoff for dd-cfDNA fraction with a cutoff for absolute quantity of dd-cfDNA. In the DEDUCE study, a post-hoc analysis using dd-cfDNA quantity indicated that incorporation of this measure could increase the sensitivity of the assay⁷

Prognostic role of asymptomatic cfDNA elevation - ddcfDNA has been observed to rise up to 5 months prior to clinically significant events (graft dysfunction, pathological rejection diagnosis, etc) – de Vlaminc³ and GRAFT⁶ studies. This represents an opportunity for early diagnosis and treatment. However, no studies have been performed to-date to support immunosuppression modulation based on dd-cfDNA levels.

CfDNA for surveillance of rejection treatment response - small studies have shown reduction in cfDNA levels with rejection treatment; however, the assays have not been validated for therapeutic guidance

CfDNA assays are unable to discriminate AMR from ACR and hence, the need for EMB (+/- more advanced gene expression testing) to determine rejection type as this guides treatment approach. The GRAFT study, which uses a research-grade cfDNA assay, raises the possibility for differentiating types of rejection based on DNA fragment size and content CfDNA assays are currently processed in central laboratories in the USA with relatively slow turn-around time of up to 72h (Allosure and Prospera); the adoption of this technology in Europe is limited by cost considerations, regulatory approval by local agencies and the availability of the appropriate equipment and technology at local centers

CfDNA levels have been shown to be elevated in patients with dnDSA¹³, raising the possibility of identifying pathological DSAs using these assays – these findings are hypothesis-generating and remain to be verified in large studies

CfDNA levels are effected by multi-organ transplants, active malignancy, prior bone marrow transplant, pregnancy, <24 hours following an EMB, sepsis

Author: K. Khush/Co-author: A. Nikolova

STATEMENT: ddcfDNA appears to be a reliable tool for subclinical rejection surveillance (ruling out both ACR and AMR) in HT recipients who are at low rejection risk and >28days

post HT. Performance of this assay in Europe needs to be validated in the local logistic and technical context. (Class 2B, level of evidence B-NR)

PICO 3: In heart transplant patients, is ddcfDNA (or GEP) reliable surveillance strategy to monitor for cardiac allograft vasculopathy as compared with standard diagnostic methods?

Population: Heart transplant recipients – either adult or pediatric

Intervention: Donor-derived cell free DNA, Peripheral blood Gene Expression Profiling (Allomap), Cardiac biomarkers (such as NT-proBNP, BNP, Troponin)

Comparators: Endomyocardial biopsy for rejection surveillance, Coronary angiography for CAV

Outcome: Most of the studies are observational and have been designed to validate a diagnostic tool. In one case the study was randomised (IMAGE trial)

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STATEMENT: ddcfDNA and GEP (Allomap) are not recommended as surveillance strategy for cardiac allograft vasculopathy post HT (Class III)

PICO 4: In heart transplant patients with stable graft function, is dd-cfDNA (or GEP) a reliable marker to stratify prognosis (or monitor the efficacy of therapy) as compared to standard clinical classifiers

Population: Heart transplant recipients – either adult or pediatric

Intervention: Peripheral blood Gene Expression Profiling (such as AlloMap™), Donor-derived-cell free DNA (such as, AlloSure™ and Prospera™, not commercially available in Europe, and Allonext™, available in Europe for investigational purposes)

Comparators: For prognosis stratification, no comparators have been used. May complement other standard clinical classifiers in prognosis stratification.

For monitorization of the efficacy of therapy, endomyocardial biopsy (EMB) would be the comparator

Outcome: For prognosis stratification, there is a general agreement in the use of MACTE (Major Adverse Cardiac Transplant Events), a composite of: acute rejection with hemodynamic compromise, graft dysfunction, death or retransplantation. Most of the studies are observational and retrospective.

Author: J. Segovia/Co-author: A. Minervini

Supporting data (the question is split into its 2 aspects: prognosis and IS guidance)

A) Prognostic stratification: In general, this question is related to PICO-1. Most studies of these biomarkers have been focused on their usefulness for surveillance of acute rejection in stable heart transplant (HT) recipients.

No association has been found between GEP scores and mortality during follow-up in different studies.

Two sub studies of major trials (IMAGE¹ and CARGO II²) published by Deng et al, 2014³ and Crespo-Leiro et al, 2015⁴, have tested the performance of AlloMap as a predictor of MACTE. In both cases, intraindividual variability (standard deviation of ≥ 4 GEP scores) predicted incidence of MACTE in the next 2-3 years of follow-up, with a hazard ratio of 1.76 per unit increase in variability in one of the papers³. Other ways of measuring repeated individual GEP scores (ordinal score, scores \geq a given threshold) did not show a similar predictive ability.

As shown in OAR study (Moayedi 2019)⁵, no meaningful changes of GEP were seen in relation to specific HT complications such as cardiac allograft vasculopathy (CAV), cancer or non-CMV infections.

As for dd-cfDNA, a preliminary study (Zangwill, 2020)⁶ centered in the first 10 days after HT in a small pediatric population showed that a blunted decline of initially elevated dd-cfDNA may be associated with early death.

Only one exploratory abstract (Crespo-Leiro, 2017)⁷ has been directed to evaluate the prognostic value of dd-cfDNA in stable HT recipients. It included 48 patients and 166 samples from CARGO-II trial, and showed an association between the median of several individual dd-cfDNA values and incidence of MACTE (as defined above), $p=0.02$, AUCOR=0.77. Other cf-DNA measures, such as maximum value, individual measures of variability of intraindividual measures, did not predict MACTE.

Of note, several groups have found clear relationship between “Total or nuclear cfDNA” (derived both from recipient and donor tissues) and several near-term events, such as death, cardiac arrest, and need for mechanical circulatory support⁸. It seems to be a marker of more extensive tissue damage, and has shown prognostic value in different populations of patients in the ICU setting. Total cfDNA elevations have been also seen in patients with infections after HT⁹. The same is true for sepsis, inflammatory diseases and cancer in non-transplant populations.

B) Use of GEP and dd-cfDNA to monitor the efficacy of therapy

GEP: A preliminary analysis of a subset of 127 pts. from CARGO study (Mehra, 2008)¹⁰ proposed risk stratification into three risk groups: HT recipients with AlloMap scores ≤ 20

from 55 to 180 days post HT have very low risk of rejection, and this may identify a subgroup of patients for less frequent EMB or more aggressive steroid weaning. Conversely, patients with scores ≥ 30 would be a high risk group for closer surveillance and more cautious immunosuppression (IS) reduction. Between these 2 groups, there is an intermediate-risk group accounting for 56% of the population.

Accordingly, in the small randomized eIMAGE trial (Kobashigawa 2015)¹¹ steroid withdrawal was equally successful in patients with GEP-based vs EMB-based surveillance (90-95% overall success rate in the 68% HT recipients in which it was attempted).

dd-cfDNA for guidance of IS: no studies have been directed to this specific point. Dd-cf DNA is potentially useful to guide personalized IS, to monitor response to AR therapy (Grskovic, 2016)¹² and allograft health during IS changes due to its short half-life (30 min-2 hours) and its high sensitivity to detect early graft injury (Khush 2021)¹³.

Ongoing MOSAIC trial (ClinicalTrials.gov Identifier: NCT05459181) will help to clarify the role of several biomarkers (including GEP and dd-cfDNA) in the future.

Caveats

a) Prognostic stratification: There are no studies specifically designed for exploring the prognostic role of either GEP or dd-cfDNA in HT. Major studies on these biomarkers were performed in stable low-risk patients, with very low mortality rates during their limited (up to 3-year) follow-up.

However, the existence of 2 sub-studies³⁻⁴ of major GEP trials with reasonably-sized populations (369 and 91 pts, respectively) and differing characteristics (one USA-based, the second mainly European) with coincidental findings should not be dismissed. Another limitation of these studies is the need for ≥ 4 consecutive GEP scores to evaluate variability (standard deviation of all scores), a less direct parameter than

b) GEP and cc-cfDNA for surveillance of rejection treatment response: Based on a few small studies not specifically directed to this aim. These experiences must be taken as preliminary or hypothesis-generating, since we don't have yet results of prospective studies with proper design to confirm the ability of these biomarkers for IS adjustment.

Cost and logistics are major limitations to its use in the Europe: CfDNA assays (Allosure and Prospera) are currently processed in central laboratories in the USA with turn-around time of up to 72h, but the adoption of this technology in Europe is limited by cost considerations, regulatory approval by local agencies and the availability of the appropriate equipment and technology at local centers.

Multiple factors affect its performance: Allomap should not be used < 30 d after a blood transfusion that contains WBC; in patients treated with corticosteroid dosage > 20 mg/d or within 21 days following rejection therapy with steroids; Allomap has also been shown to be affected by race, CMV or other viral infections, systemic inflammatory conditions, multi-organ transplant.

CfDNA levels are affected by obtention of blood sample shortly after an EMB¹⁴, multi-organ transplants, active malignancy, prior bone marrow transplant, pregnancy, sepsis, etc.

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STATEMENT:

- Current available evidence does not support the direct use of the levels of dd-cfDNA or GEP from peripheral blood to stratify prognosis in patients after HT. (Class III, level of evidence C).
- GEP variability (calculated as standard deviation of ≥ 4 separate individual scores) might be of value in the prediction of incidence of MACTE* (Class Performance of this assay in Europe needs to be validated in the local logistic and technical context. (Class IIb, level of evidence B)
- Current available evidence does not support the use of dd-cfDNA or GEP from peripheral blood to guide immunosuppressive therapy in patients after HT. (Class III, level of evidence C).

*MACTE = *Major Adverse Cardiac Transplant Events, composite of acute rejection with hemodynamic instability, graft failure, retransplant and death.*

PICO 5: In heart transplant patients with stable graft function, are cardiac biomarkers (NT-proBNP, BNP, Troponin) reliable surveillance tool for subclinical acute rejection monitoring, compared to endomyocardial biopsy?

Population: Heart transplant recipients – either adult or pediatric

Intervention: Cardiac biomarkers (such as NT-proBNP, BNP, Troponin)

Comparators: Endomyocardial biopsy for rejection surveillance

Outcome: Most of the studies are observational and have been designed to validate a diagnostic tool. In one case the study was randomised (IMAGE trial)

Author: M. Crespo/Co-author: A. Minervini

STATEMENT:

Troponin

- 1) Because of the contradictory results of the available studies and the insufficient diagnostic power, there is not enough evidence to support troponin routine use in the diagnostic pathway of AR in place of EMB. However, high sensitivity Troponin (hsTn) assays showed good sensitivity and negative predictive value, and this raises the possibility that they can be used to “rule-out” ACR and so to limit the use of surveillance EMB. (Class IIb, Evidence level: B-NR)
- 2) On the other hand, hsTn could be of help in decision making to add EMB information, complementing its limitations regarding sampling error or clinicopathological discordance. (Class IIb, Evidence level: B-NR)
- 3) Further research is needed to understand whether troponin might serve as an ancillary parameter in a multifactorial approach, so that its addition to new biomarkers, such as cell-free DNA could lead to an enhanced “liquid biopsy” capable to replace EMB. (Class IIb, Evidence level: B-NR)

Supporting evidence

- Every damage to cardiac myocytes that leads to myocardial necrosis causes release of troponin into the circulation. Myocyte damage is the pathologic hallmark of moderate to severe acute cellular rejection so an elevated serum cardiac troponin (cTn) level would be expected during an episode of ACR. However, the results of several studies are discordant. Some of them (Battes, Mullen, Wahalander) didn't find a significant correlation between troponin plasma levels and acute rejection demonstrated by EMB. Ahn found a correlation between AR and only hs-cTnI ratio index. According to Gleissner rejection episodes are often associated with elevated TnT but his results didn't have enough sensitivity or specificity to replace EMB. Bladuini, Dyer, Patel e Munoz-Esparza found troponin plasma levels significantly higher in patients with acute rejection and Erbel correlated hsTnT serum levels with mortality in the first year post-transplant.
- A meta-analysis by Fitzimons et al demonstrated that cTn assays do not have sufficient specificity to diagnose ACR in place of EMB; however, hscTn assays may have sufficient sensitivity and negative predictive value to exclude ACR and limit the need for surveillance EMB. Hill and Zengyang found similar results.
- In addition, hsTnI levels increase in parallel with higher histological grades of rejection, decrease after immunosuppressive treatment (Dyer) and had demonstrated its usefulness in the diagnosis of antibody-mediated rejection (Patel).

Caveats:

- 1- Results of the studies are contradictory, and even some studies that showed a positive association between troponin and rejection did not find a sufficient diagnostic power to replace EMB.
- 2- There are neither randomized controlled trial nor large prospective studies, but only small single-center observational studies so their results are not generalized to the population.
- 3- In the early post-transplant period there is elevation of plasma troponin in all patients (due to ischemia-reperfusion injury during organ procurement and implantation), so during the first weeks (or even months) cTn levels will not be useful in excluding the presence of ACR

(the precise length of this time is uncertain; according to Zhengyang et al. this period is confined to 1 month).

4- There are no studies comparing troponin with dd-cf-DNA.

Natriuretic peptides

Statement:

- 1) Natriuretic peptide levels (NPs) are not a reliable surveillance tool for subclinical AR monitoring, compared to EMB in stable HT patients. They may be helpful in long-term follow-up to detect subclinical graft dysfunction that should prompt further studies to rule out rejection or CAV.

(Class IIb, Level of evidence B-NR)

- 2) Further studies are needed to understand if NPs might be used as a parameter in a multi-marker panel approach (maybe with troponin, cfDNA) to create a “liquid biopsy” able to replace EMB.
- 3) They may be helpful in long-term follow-up to detect subclinical graft dysfunction that should prompt further studies to rule out rejection or CAV.

Supporting data:

- Natriuretic peptides (NPs) are biomarkers that accurately predict heart failure and left ventricular dysfunction and, are predictive of prognosis in patients with advanced heart failure.
- Several studies found that NT-proBNP and BNP levels are elevated during episodes of acute allograft rejection, even when hemodynamic parameters are unchanged (Klingenberg, Wu) but the results are conflicting.
- Damodaran, Dyer, Kittleson, Wu, Rossano found a significant correlation between BNP (or NT-proBNP) and acute cellular rejection and Martinez-Dolz, Klingenberg and Mehra (2 studies) found an association between NPs and poor outcomes after transplant and vascular injury (CAV).
- Arnau-Vives, Ambrosi, Almenar, Knetch, Lindblade, Hammerer-Lercher, Hervas and Cuppoletti correlated NPs to acute rejection and adverse outcomes but in their studies the biomarkers lack of diagnostic accuracy.
- Several studies suggest that they have a good negative predictive value to exclude acute allograft rejection and to predict adverse outcomes (this is particularly true in children cohorts)
- At last, Bader, Batters, Arora, Klingenberg and O'Neill didn't find any association between BNP and acute rejection.

Caveats

1- There are neither randomized controlled trial nor large prospective studies, but only small single-center observational studies, therefore their results are not generalized to the population.

2- BNP and NT-proBNP values are higher early in the post-transplant period, so they can't be used to predict rejection very early after transplant.

3- The main limitation of NPs is the marked heterogeneity of its values due to its biological variability among individuals; in fact lots of studies didn't find a correlation between absolute values of BNP and rejection but only between individual dynamic changes of NPs and AR (Kittleson, Knetch, Lindblade, Cuppoletti). Serial monitoring of BNP and NT-proBNP instead of their absolute values could be preferred to correlate them to AR.

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LUNG

PICO 1: Is ddcfDNA a reliable marker to diagnose/monitor clinical and subclinical acute rejection or infection of the graft in lung transplant patients, compared with standard diagnostic methods?

Author: S. Agbor-Enoh/Co-author: R. Vos

STATEMENT: Beyond 6 weeks of transplantation, in addition to routine clinical care, ddcfDNA measurements can be used as a rule out test for clinical and subclinical infection and rejection, given its high NPV. (Class IIa, Evidence level B-NR)

PICO 2: Is ddcfDNA a reliable therapeutic marker to monitor treatment response for acute rejection or infection of the graft in lung transplant patients, compared with standard diagnostic methods?

Author: S. Agbor-Enoh/Co-author: R. Vos

STATEMENT: While ddcfDNA levels generally decline after treatment for acute rejection or infection is initiated, we currently make no recommendations to use ddcfDNA as an indicator of treatment response. (Class IIb, Evidence level C-LD)

PICO 3: Is ddcfDNA a reliable marker to stratify prognosis of lung transplant

recipients for chronic lung allograft dysfunction (CLAD), as compared to standard clinical classifiers?

Author: S. Agbor-Enoh/Co-author: R. Vos

STATEMENT: 1) ddcfDNA levels and trends in the early post-transplant period may be a predictive marker for death and/or CLAD in lung transplant patients. (Class IIb, Evidence level B-NR)

2) For patients with primary graft dysfunction (PGD), ddcfDNA levels may predict subsequent risk of CLAD. (Class IIb, Evidence level B-NR)

3) For patients with respiratory viral infections, ddcfDNA levels at time of infection may predict subsequent risk of CLAD and/or CLAD progression. (Class IIb, Evidence level B-NR)

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