

Transplant Nursing Research in Europe



#### Summary

There are three strong research traditions in Europe:

- Living donation of solid organs (kidney & liver)
   or stem cells
- 2. Non-adherence and solid organ transplantation
- 3. Symptom management and self-management after solid organ transplantation

The Scandinavian tradition involves person centered care and qualitative methods within a hermeneutic research perspective.

#### Introduction







This presentation only includes transplant nurses performing transplant nursing research in Europe.

The presentation does not claim to be complete.

The purpose of this overview is to present the magnitude of transplant nursing research going on in Europe.



Nursing research is systematic inquiry designed to develop trustworthy evidence about issues of importance to the nursing profession, including nursing practice, education, administration and informatics (Polit & Beck, 2008).

#### Clinical Nursing Research

Clinical nursing research is designed to guide nursing practice and to improve the health and quality of life of nurses' clients

(Polit & Beck, 2008).



The art and science of transplant nursing is health promotion by supporting acceptance and adaption after solid organ transplantation as a process towards health.

The transition from life threatening illness to health and quality of life with a new organ is facilitated when uncertainty is relieved and self-efficacy is strengthened.



## The Swiss Transplant Research Group

- Sabina de Geest. Professor of Nursing and Director of the Institute of Nursing Science of the Faculty of Medicine at the University of Basel, Switzerland
- Professor of Nursing at the Center for Health
   Services and Nursing Research at the KU
   Leuven
- Adjunct Professor at the John Hopkins University (USA)

#### The Swiss Research Focus

- Behavioral and psychosocial issues with the ultimate goal of improving clinical outcomes in chronically ill populations (e.g. solid organ & stem cell transplantation).
- The prevalence, determinants and consequences (both clinical and economic) of non-adherence to medication regimens, and on testing the efficacy of adherence enhancing interventions.





#### The BRIGHT-study

• Lut Berben, R.N., PhD

University of Basel

## The Swiss research group

Kris Denhaerynck

Research Fellow, Phd

Institute of Nursing Science, University of Basel

Research topic: Applied statistics





#### University of Basel

- Dr.sc.med. Sabine Valenta
- Postdoctoral Research Fellow and Advanced Practice
   Nurse
- Institution: Nursing Science, Department Public Health,
   University of Basel (Switzerland) and Department of
   Hematology, University Hospital Basel (Switzerland)
- evaluation of a new integrated care model facilitated by
  eHealth for allogeneic stem cell transplanted patients in
  Switzerland the SMILe study; research on selfmanagement support in cancer outpatients and their
  family caregivers



#### University of Basel

- Janette Ribaut
- PhD student/Research assistant
- Institute of Nursing Science, Department of Public Health, Faculty of Medicine, University of Basel
- Research topic: Implementation of eHealthfaciliated medication adherence interventions in transplant populations



Chronic illness management and adherence in transplantation (BRIGHT) study.

Patterns relating to chronic illness management.

Prevalence and variability of non-adherence to the treatment regimen.

Determine the multi-level factors related to immunosuppressive medication non-adherence.



## Transplant Nursing Research in Germany

- Christiane Kugler, R.N., PhD
- Professor in Nursing
   Science and Head of the
   Institute of Nursing Science
   at the University Freiburg.



Patient-centered care for patients and families with chronic conditions. Specific emphasis is given the patient reported outcomes research with the development, validation, and use of psychometrically sound assessment instruments.

Symptoms and patient self-management after cardio thoracic transplantation.



#### Research in organ donation

- Professor Maggie Sque PhD, BSc (Hons),
   Dip.N.Ed, RN1, LPE, FHEA
- Professor in Clinical Practice and Innovation at the University of Wolverhampton's Faculty of Education, Health and Wellbeing and The Royal Wolverhampton NHS Trust.



Psychological and social issues that concern bereavement, organ and tissue donation and post mortem organ use

Critical care experiences and bereavement among families of organ donors.

Factors influencing bereaved families' decisions about organ donation

Research with bereaved families: A framework for ethical decision-making



University Medical Center in Groeningen

and

Erasmus University in Rotterdam

The Netherlands



- Coby Annema-de Jong R.N., PhD
- University of Groeningen (UMCG)
- Health Sciences- Nursing
   Research



#### Research focus

- Anxiety and Depression after Liver
   Transplantation
- Psychological problems in general after liver Transplantation

Thesis: Annema-de Jong, C. (2017). What's on your mind? Emotions and perceptions of liver transplant candidates and recipients
[Groningen]: Rijksuniversiteit Groningen



### Marion J Siebelink R.N., PhD

University Medical Center in Groeningen

#### Research focus:

Pediatric donation and transplantation



- Mirjam Tielen
- R.N., PhD, Nurse Practitioner
- Erasmus Medical Center in Rotterdam



Medication adherence after kidney transplantation

Illness perceptions after kidney transplantation

Adolescents' experience of kidney transplantation



- Marleen van Buren- Advanced
   Nurse Practitioner, PhD-student
- Department of Internal Medicine
- Erasmus University in Rotterdam



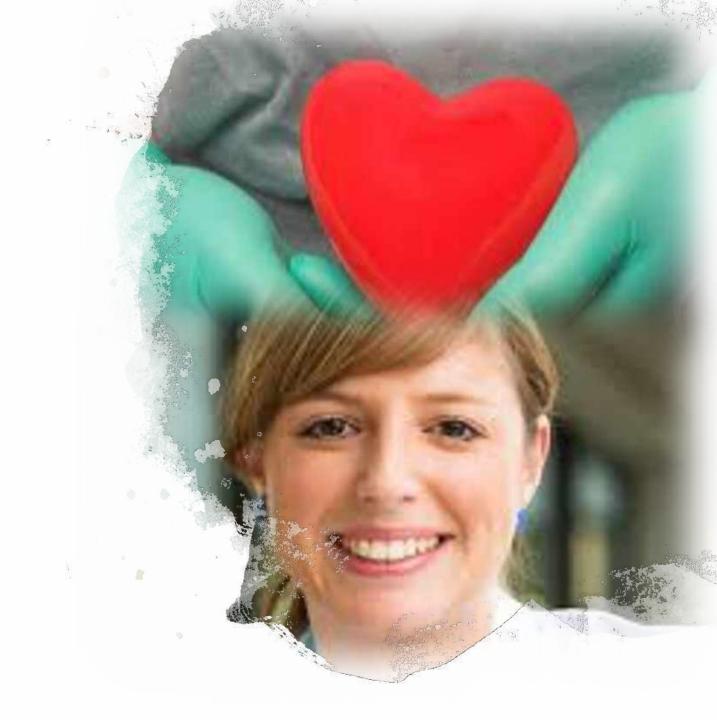
Self-management among kidney transplant recipients

Nurse-led selfmanagement support

Pregnancy in kidney transplant recipients

#### Belgium

- Nathalie Duerinckx R.N., PhD
- Clinical Nurse Specialist
- Heart transplantation at
   University Hospital Leuven





#### Research focus

Thesis: The dark clouds that surround heart transplantation, depressive symptoms and smoking (2017).

Medication adherence and heart transplantation.



Turkey transplant nurse researchers



#### Yaprak Sarıgöl Ordin, Assoc. Prof.

Dokuz Eylul University
Nursing Faculty
İzmir

Research area:

Liver transplant recipients care
Kidney transplant recipients care
Medication adherence
Live donation psychosocial assessment
Pediatric liver transplant recipients care
Organ donation



#### Arzu Kader HARMANCI SEREN, Assoc. Prof.

University of Health Sciences, Hamidiye Faculty of Nursing
Head of the Department of Nursing Administration
International Transplant Nurses Society
Member of the Board of Directors (Int. Director)
İstanbul

Research area:

Deceased donor assessment
Family interview
Organ donation
Organ transplant coordination
Live donation psychosocial assessment



#### Zeliha Özdemir Köken, Assist. Prof.

Hacettepe Univerity
Nursing School
Ankara
Research area:
Deceased donor assessment
Organ donation
Medication adherence
Kidney transplant recipients



Özgül Karayurt, Prof.

İzmir University of Economics
Faculty of Health Sciences
Research area:
Liver transplant recipients care
Kidney transplant recipients care
Medication adherence
Live donation psychosocial assessment
Pediatric liver transplant recipients care



Fatma Cebeci, Prof.
Akdeniz University
Nursing Faculty
Antalya



# Nilgün Mutlu Aksoy, Assist. Prof. Akdeniz University Nursing Faculty Antalya



Özge İşeri, Assist. Prof.
Ondokuz Mayis University
Health Science Faculty
Samsun
Research area:
Liver transplant recipients care
Adaptation after transplant recipients
Education of liver transplant recipients



### Liver transplantation in Warszaw



 Marta Hreńczuk, RN, PhD, MSc Medical University of Warsaw

#### Research area

- Liver Transplantation, kidney transplantation – quality of life,
- Quality of nursing care in transplant setting
- Nursing care in liver & kidney transplantation



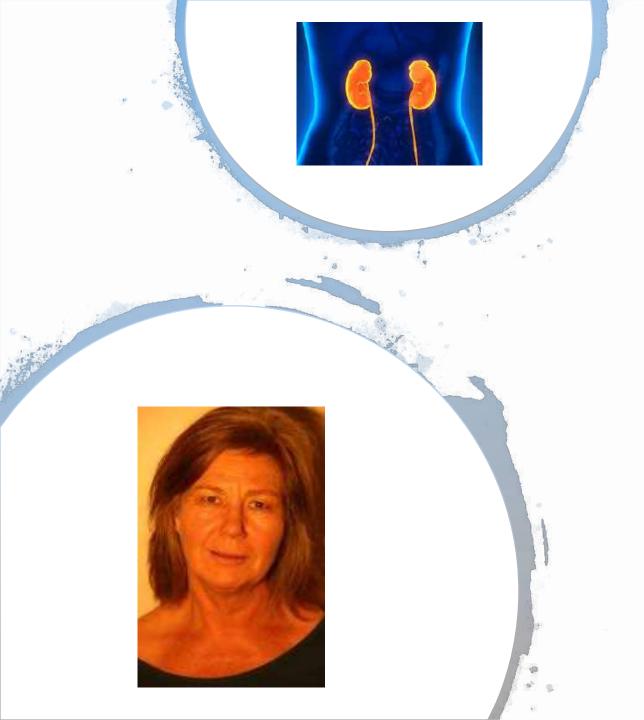
## Thoracic transplantation in Krakow

- Prof. Irena Milaniak, RN, MSN, PhD
- Andrzej Frycz Modrzewski Krakow University
- John Paul II Hospital Cardiovascular Surgery & Transplantology Department
- Research area
- Quality of life of heart & kidney transplant recipients
- Psychological assessment of transplant recipients
- Non-adherence
- Attitudes towards organ donation and transplantation
- Device therapy in heart failure

**Transplant Nursing Research in Scandinavia** 

Person-centred care of solid organ transplant recipients



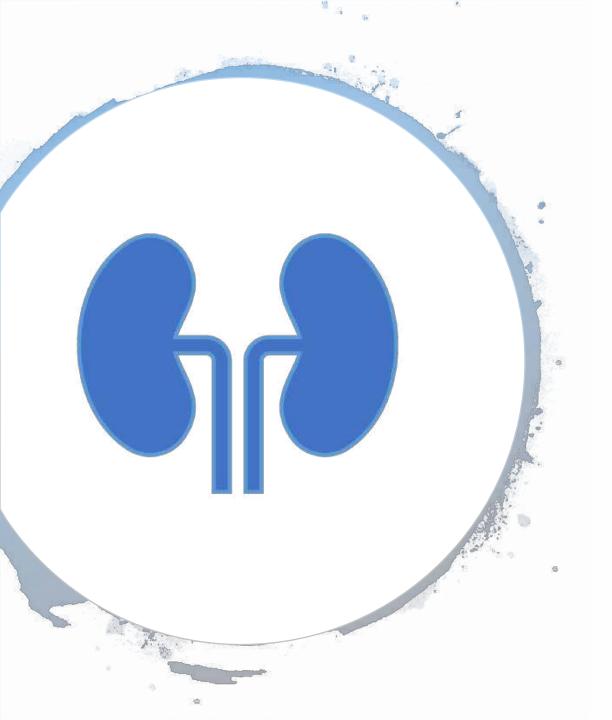


### The Norwegian group

• Käthe Meyer R.N., PhD

Oslo University

• Rikshospitalet, Oslo



### Living kidney donors

- Long-term health outcomes in kidney donors
- Relationships between clinical, selfreported and donation specific outcomes
- Long-term experiences of
   Norwegian live kidney donors



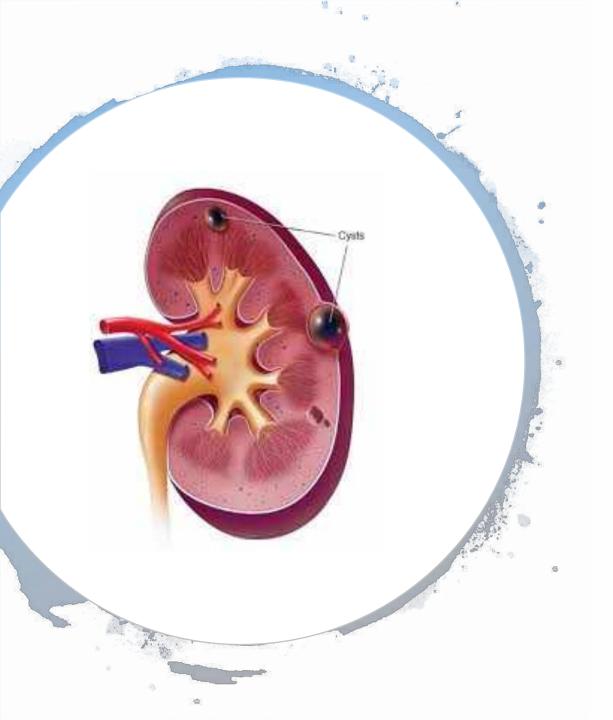
## Transplantation Nursing Research in Norway

- Doctor Marit Helen Andersen R.N., PhD
- Oslo University Hospital
- Research Group for Quality of Life and Health Economy.
- Quality of Life Research



### The Danish group

- Doctor Hanne Agerskov R.N., PhD,
- University of South Denmark,
   Odense
- Institute of Clinical Research
- Clinical nephrology
- Nursing Science



## The Danish perspective on kidney donation

- Living kidney donors' experience during evaluation for donation
- Experiences three months after donation
- Experiences during the whole donation process



### Research focus in Sweden



- Self-management after thoracic transplantation (The SMATT-study)
- The perceived threat of the risk of graft rejection
- Patient learning
- Social adaptation after organ transplantation
- Recovery and transition after lung transplantation
- Symptoms, health related quality of life and adherence
- Health literacy
- Theory development in transplant nursing



- A central perspective is that the starting point is the person who has a disease or symptoms and not the disease in the person.
- Focus on the transplanted persons

  experiences and beliefs in relationship to

  illness, disease and suffering as well as the
  recovery and maintenance of health.



## Perspective and viewpoints

- The projects in the Swedish research groups are primary based on a hermeneutic perspective.
- The projects stem from the ontological assumption that the human being is a subject driven by motives.



### Research questions

- The research interest is directed towards how the person – in relation to organ donation- comprehend, experience, perceive and cope with the situation and the phenomenon organ donation.
- Organs can be donated from either a live donor or a deceased donor and we embrace both ways in our research.



### Research questions

The research questions are mainly
from a nursing perspective, aiming
at the person's interpretation of and
reaction to the entire life situation
rather than the disease itself.

### Research methods

- Content analysis
- Phenomenological hermeneutics
- Grounded Theory
- Phenomenography
- Hermeneutics
- Various statistical methods
- Psychometric evaluation and instrument development

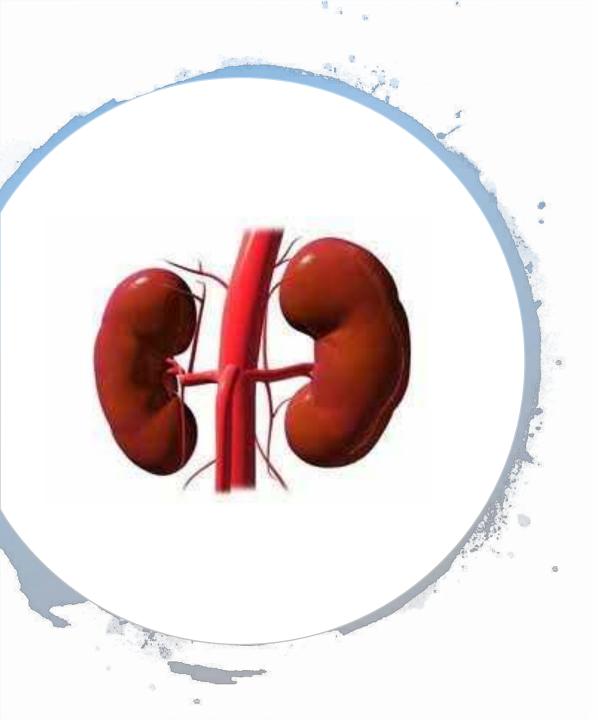
# University of Gothenburg

Sahlgrenska University Hospital



### **Living Kidney Donation**

- Assistant professor Annette
   Lennerling R.N., PhD
- University of Gothenburg
- The Transplant Centre at Sahlgrenska University Hospital



### Research focus

- Living donation
- Non adherence after solid organ transplantation
- Patient education
- Self-management after solid organ transplantation
- Health literacy



### Organ donor advocacy

• Anne Flodén, R.N., PhD

Attitudes towards organ donor

advocacy among ICU-nurses



## Percieved threat of the risk of graft rejection

- Madeleine Eriksson (fd Nilsson).
- R.N. PhD, Clinical Nurse Specialist in pediatric nursing
- The inside perspective on graft rejection among solid organ recipients.
- Middle range theory on how to support transplant recipients with a fear of graft rejection.



## Adaptation after liver transplantation

- Anna Brantmark
- R.N., MSci, PhD-student
- The Transplant Center at Sahlgrenska University
   Hospital and University of Gothenburg
- Clinical specialist in liver and intestinal transplantation

## Lund University

Care in high tech environments

and

Skane University Hospital, Department of Thoracic Surgery



### Primary investigator

- Anna Forsberg
- R.N., PhD
- Clinical professor in Transplant
   Nursing at Lund University, Sweden
- Director of the Care in High-tech
   Environments Research Group



## Adaptation after lung transplantation

- Martina Lundmark
- R.N. PhD, Clinical Nurse Specialist in intensive care, post doc
- Recovery after lung transplantationadaptation to a new normality
- Theory development regarding how to adapt and reconstruct daily occupation after lung transplantation.



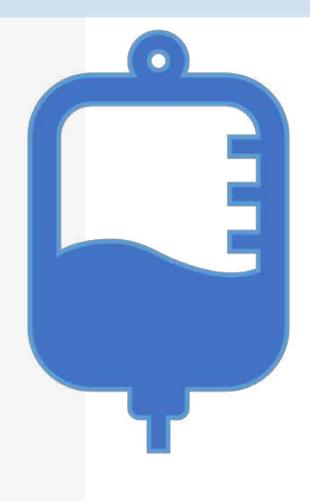
## Self-efficacy after heart transplantation

- Matilda Almgren,
- R.N., PhD, Clinical Nurse Specialist in intensive care, post doc
- Self-efficacy after heart transplantation
- Focus on uncertainty and self-efficacy in relation to heart transplantation as a chronic condition.



### Sibling Stem Cell Donation & Stem Cell Transplantation

- Annika Kisch
- R.N., PhD
- Post doc at Lund University, Care in High tech environments
- Clinical Nurse Specialist in Stem Cell
   Donation and Transplantation at Skåne
   University Hospital



### Allogenic Stem Cell Transplantation

- Sibling donation of stem cells
- Patients' experiences before and after allogenic hematopoietic stem cell transplantation
- Grounded Theory of Having a Stem Cell Donor



### Symptom occurrence and symptom distress after heart transplantation

- Marita Dalvindt
- R.N., Msci, PhD-student in Care in High tech environments at Lund University
- Clinical Nurse Specialist in cardiac nursing
- Department of Thoracic surgery and transplantation at Skane University Hospital